

Breads/Buns

The following are no longer WIC eligible:

Aunt Millie's Healthy Goodness, 100% Whole Wheat

Aunt Millie's Swirl Whole Grain Cinnamon with and without Raisins

Pepperidge Farm Stone Ground 100% Whole Wheat

The following are no longer available at any Michigan stores:

Family Choice, 100% Whole Wheat

Healthy Life, 100% Whole Wheat Sandwich and Hot Dog Buns

Meijer, Whole Grain White and 100% Whole Wheat

Soft 'N Good, 100% Whole Wheat

Sunbeam, 100% Whole Wheat

*This document is subject to change as we explore additional bread options.

WIC eligible breads/buns must be 16 oz whole wheat or whole grain. To use all of your WIC EBT benefits, consider buying other whole grains: oatmeal, brown rice, pasta or tortillas.

To see the full Michigan WIC Food Guide, scan the QR code or go to www.Michigan.gov/WICfoods.



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