

MIGRANT SERVICES

Department of Health & Human Services 989-673-9100
Reese Summer Migrant Program 989-868-4502

PARENTING CLASSES/SUPPORT

Early Head Start 989-672-1785
Family Planning Clinic 989-673-8118
List Psychological 989-673-5700
Michigan State University Extension (MSU E) 989-672-3870
Positive Alternatives 989-672-4673
Tuscola County Health Department Maternal
Infant Health Services (MIHP) 989-673-1740
Great Start Tuscola - Conscious Discipline 989-673-2144 ext.30302
New Light Consultants 989-871-6695

RESPIRE CARE

The Fowler Center (ages 6+) 989-673-2050
McLaren Caro Region 989-673-3141

RUNAWAYS

Innerlink Runaway & Homeless Youth Shelter 989-753-3431

SENIOR SERVICES

Adult Protective Services (DHHS) 855-444-3911
Blue Water for Ind. Living 810-648-2555
Connections Human Services 989-672-1268
Adult Guardianship 989-672-1268
Covenant Visiting Nurse Association 989-799-6020
Department of Health and Human Services 989-673-9100
Geriatric Clinic/Services 989-673-8114
Home Delivered Meals & In Home Services 800-843-6394
Foster Grandparent Program(HDC) 989-673-4121
Lakeshore Legal Aid 989-673-5651
List Psychological 989-673-5700
Region VII Area Agency on Aging 800-858-1637
RSVP Volunteers 989-673-4121
Senior Dining Centers (HDC) 989-673-4121
Senior Life Solutions 989-672-5757
Blue Water Center 810-648-2555
Thumb Area Psychological Services 989-872-1800
TRIAD (Lakeshore Legal Aid) 989-673-3188
Tuscola Behavioral Health Systems (TBHS) 989-673-6191

SHELTERS

Innerlink Runaway and Homeless Youth Shelter 989-753-3431
Thumb Area Assault Crisis Center 800-292-3666

SOCIAL SECURITY

Social Security Administration 800-772-1213

SUBSTANCE ABUSE

A Chance to Change 248-763-8132
Al-Anon 800-356-9996
List Psychological Services 989-673-5700
Sacred Heart (Bay City) 989-894-2991
Thumb Area Psychological Services 989-872-1800
Tuscola Behavioral Health System 989-673-6191
Narcotics Anonymous 248-544-2010

SUPPORT GROUPS

Caregivers Support Coping w/ Chronic Illness 800-843-6394
Compassionate Friends (CARO) 810-376-2801
Diabetic Support Group (Hills & Dales) 989-912-6365
Dementia Related Support Group (HDC) 989-673-4121
Domestic Violence Support Group 800-292-3666
Parkinson's Support Group 800-843-6394
Stroke Support Group (McLaren-Flint) 810-342-5350
Thumb Area Psychological Services (TAPS) 989-872-1800
TLC Kinship Care (989) 912-9317 or 989-912-9304
New Light Consultants 989-672-0784
Thumb Area Companions 989-872-2855

TRANSPORTATION

Thumbody Express 989-673-8488
Senior Medical Transportation 989-672-1730

YOUTH PROGRAMS

The Fowler Center 989-673-2050
Girl Scouts Heart of Michigan 800-497-2688
MSU Extension 4-H 989-672-3870
The Fowler Center 989-673-2050
Innerlink Runaway and Homeless Youth Shelter 989-753-3431
GLBT National Youth 800-246-7743

VETERANS SERVICES

Blue Water Center 810-648-2555
List Psychological 989-673-5700
Veteran's Affairs (TCHD) 989-673-8148
Veteran's Medical (Saginaw) 800-406-5143
Veteran's Crisis Line 800-273-8255
(press 1)

Great Start Tuscola Resource Brochure

Find the Help You Need!



**Rachael Koepf, Great Start Tuscola
Executive Director
989-673-2144 Ext. 30325
greatstartuscola@gmail.com**

**Tammy Stephens
Parent Liaison
989-673-2144 Ext. 30302
gstuscolapc@gmail.com**

**Online Resource Information
www.211nemichigan.org
www.greatstartuscola.org
www.greatstarttoquality.org**

**Non Emergency Phone Number
Dial 211**

**Tuscola County Schools
Tuscola Intermediate School – 989-673-2144
Akron Fairgrove – 989-691-5141
Caro – 989-673-3169
Cass City – 989-872-2158
Kingston – 989-683-2284
Mayville – 989-843-6115
Millington – 989-660-2432
Reese – 989-868-4561
USA – 989-883-9147
Vassar – 989-823-8535**

ABUSE & ASSAULT SERVICES

Adult & Children Protective Services	855-444-3911
Department of Health & Human Services	989-673-9100
Elder Advocacy Program	989-672-1790
Thumb Area Assault Crisis Center	800-292-3666
Tuscola County Prosecuting Attorney	989-672-3900
Tuscola County Victim Services	989- 673-8161
National Child Abuse	800-422-4453
National Domestic Abuse	800-799-7233
National Sexual Assault	800-656-4673
Child Advocacy Center	810-610-8071

ADOPTION & FOSTER CARE

Foster Care Closet of Tuscola	800-554-4966 Ext 203
Adoption & Foster Care Specialists, Inc.	888-643-1530
Catholic Family Services	sr.monikamaryrsm@gmail.com
Department of Health & Human Services	989-673-9100
Holy Cross Children's Service	989-799-2503
Michigan Adoption Resource Exchange	800-589-6273
New Light Child & Family	989-871-6695
Lutheran Child and Family Services of Michigan	313-921-3740
Flint Child & Family Services	810-743-0918

BUDGETING CLASSES

Consumer Credit Counseling Services	810-358-8562
Community Connections	989-479-0346

CHILD CARE

Department of Health & Human Services	989-673-9100
Great Start to Quality Resource Center	877-614-7328
	Greatstarttoquality.org
Car Seat Installation	1-810-648-4098 ext. 155

CRISIS COUNSELING

Blue Water Center for Independent Living	810-648-2555
Boys Town National Hotline	800-448-3000
Catholic Family Services	989-673-5352
Family Planning	989-673-8118
List Psychological Services	989-673-5700
New Light Consultants	989-672-0784
Tuscola Behavioral Health Systems (TBHS)	989-673-6191
Positive Alternatives (pregnancy options info)	989-672-4673
Thumb Area Psychological Services	989-872-1800

ASSISTANCE/SUICIDE PREVENTION

24 HOUR SERVICE

Barb Smith Suicide Resource & Response Net.	989-781-5260
TBHS – Community Mental Health	989-673-6191
Thumb Area Assault Crisis Center	800-292-3666
List Psychological	989-673-5700
Emergency 24-hour	911
Suicide Prevention Text Line	741741

DENTAL

Bay City Dental Center	989-671-2000
Bay City Dental	989-892-7062
Delta Dental Referral	800-482-8915
Great Lakes Bay Health Center Thumb Area	989-623-0137
People's Clinic	810-985-4747
Medicaid Hotline	888-367-6557

DOMESTIC VIOLENCE GROUPS

Bay Area Women's Center	989-686-4551
Thumb Area Assault Crisis Center	800-292-3666
List Psychological	989-673-5700
Saginaw Underground Railroad	989-755-0411

EMPLOYMENT

GST Michigan Works!	989-673-8103
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EDUCATION

Caro Alternative High School	989-673-6845
Early Childhood Hotline	989-672-6930
Early Head Start	989-672-1785
Early On	989-672-6930
Head Start & GSRP (Caro)	989-672-2880
Head Start & GSRP (Kingston & Cass City)	989-683-2824
Head Start & GSRP (Akron-Fairgo)	989-691-5141
Head Start & GSRP (Millington)	866-871-6450
Highland Pines School (Special Education)	989-673-5200
Michigan Rehabilitation Services (Job Prep)	989-894-6300
Child Find/Build Up Michigan	989-672-6930
Tuscola Technology Center (Includes GED)	989-673-5300
Tuscola Intermediate School District	989-673-2144
TISD (speech therapy & educational services)	989-673-2224
Tuscola Transition Network	989-672-6952
TISD Homeless Student Education	989-673-2144 ext 30426
GST Michigan Works!	989-673-8103
Great Start Readiness Program	989-673-2144 ext 30484

FOOD & UTILITIES & FURNITURE

Caro Church of the Nazarene	989-673-6175
Community of Christ (used furniture)	989-673-5504
Commodity Programs (HDC)	800-843- 6394
Department of Health & Human Services	989-673-9100
Home Delivered Meals (HDC)	800-843-6394
Revive Ministries (food only)	989-551-7803
MI Bridges	www.michigan.gov/mibridges
Vassar Area Emergency Fund	989-823-2911
Vassar Food Pantry	989-823-2911
Human Development Commission	989-673-4121
Mayville Area Share Shop	989-843-5370
Salvation Army	810-232-2197
Spoonful's of Plenty (Free Community Meal)	800-843-6394
Woman, Infant Children (WIC)	989-673-3199
THAW (The Heat & Warmth Fund)	800-866-8429
LSP Direct (Payment plan help)	844-211-4994
Millington Ministerial Alliance	989-871-7377
Ministerial Alliance Emergency Need	989-823-2911
Mid-Michigan CAA (utility & rent help)	989-386-3805
True North (heating bill assistance)	231-355-5880

Good Samaritan (utility bill assistance)	989-673-6929
Lifelong Victory Center (utility bill assistance)	989-823-8504

GRIEF, LOSS & BEREAVEMENT

Barb Smith Suicide Resource & Response Net.	989-781-5260
Covenant Visiting Nurse Association	989-799-6020
Grief Support (Hospice/Marlette Hospital)	800-635-7490
Hospice of Michigan	888-247-5705
Precious Reflections Support Group	989-894-3015
Thumb Area Companions	989-872-2855

HEALTH SERVICES & INSURANCE INFORMATION

Department of Health & Human Services	989-673-9100
MiBridges Michigan.gov/mibridges	844-799-9876
Tuscola County Health Department	989-673-8114
Medicaid Help Line-MI ENROLLS	800-642-3195
Prescription Discount Card	877-321-2652
McLaren Caro Region	989-673-3141
Caro Quick Care	989-672-5151
Hills & Dales Hospital	989-872-2121
Positive Alternatives	989-672-4673

HOUSING SERVICES

Blue Water Center for Independent Living	1-810-648-2555
Department of Health & Human Services	989-673-9100
Habitat for Humanity	989-325-1807
Home Weatherization (HDC)	989-673-4121
Homeless Coalition	989-672-7674
Homeless Students Assistance	989-673-2144 ext 30426
Human Development Commission	989-673-4121
Lead Abatement Program	800-843-6394
Mid-Michigan CAA	989-386-3805
Rural Development (weatherizing homes)	989-673-8171
Section 8 Rental Assistance Program	517-487-6550
U.S Agriculture & Rural Development	989-673-8171
Veteran's Services (Saginaw)	800-406-5143
Williamsburg Apartments (subsidized housing)	989-553-2428

INFORMATION & REFERRAL

Non-Emergency Needs	211
Emergency Number	911
National Suicide Prevention Line	1-800-273-8255
National Human Trafficking	1-888-373-7888
Safelink Phone (services for disabled)	800-723-3546

LEGAL SERVICES

Lakeshore Legal Aid	888-783-8190
Legal Services- Eastern Michigan	800-322-4512
Tuscola County Probate Court	989-672-3850
Tuscola County Friend of the Court	989-673-4848
Tuscola County Victim Services	989-673-8161

*These materials were developed under a grant awarded by the Michigan Department of Education.
Revised: RK 1/8/21

Local Pantries in Tuscola County

[Good Samaritan Fund of Caro](#) 989-673-5782
670 Gilford Rd, Caro, MI
Provides a food pantry. Tuesday and Thursday 9 a.m.–
Noon (Call to see if they are open due to COVID-19)

[First Baptist Church- Caro](#) 989-673-3545
1535 Gilford Rd, Caro, MI
Provides a food pantry. Call for when the pantry is open.

[MDHHS Tuscola](#) 989-673-9181
1365 Cleaver Rd, Caro, MI
Provides a food pantry. Call for when the pantry is open.

[Caro Church of The Nazarene](#) 989-673-6175
1494 Purdy Rd, Caro, MI
Provides a food pantry. For more information, please call.

[Colling Church of The Nazarene](#) 989-674-2288
5063 N. Colling Rd., Unionville, MI
Provides a food pantry. Call for when the pantry is open.

[Dayton Center Church](#) 989-843-6351
3632 Phelps Lake Rd., Silverwood, MI
Provides a food pantry. Call for when the pantry is open.

[Vassar Area Food Pantry](#) 989-823-8311
800 State St., Vassar, MI
Open Monday and Friday from 10-12. Located at the
Lifeline Victory center on M-15 just south of Vassar on
the west side. Enter the parking lot and at the very end on
the south side of the church, there is a small drive leading
to a large barn. This is where the pantry is located. Enter
at the second door from the left. Donations gladly
accepted. Please bring your own boxes and or bags if you
are collecting food. People must fill out a brief
application and provide a picture ID. They may collect
food every 90 days. **Call for when they are open due to
COVID.

[Farver Road Baptist Church](#) 989-315-8043
4330 Farver Rd., Gagetown, MI
Provides a food pantry. Call for when pantry is open.

[Bay Shore Camp UMC](#) 989-883-2501
450 N. Miller St., Sebewaing, MI
Provides a food pantry. Call for when the pantry is open.

[Cass City Revive Ministries](#) 989-551-7803
6400 Main St., Cass City, MI
Provides food monthly on specified dates. Call for
schedule.