

Touching Lives of Children

Schedule of Center Based Programs For Families with 0-3 Year Olds All sessions are from 6 p.m.- 8 p.m.



Tuesday, November 28, 2006:

MUSIC ALIVE

as the Holidays Arrive



Usher in the holidays by making music with the creative music teacher Dee Dee Tibbits! Children will enjoy playing bell chimes, boomwhackers, jingle bells, and some other fun, rhythm instruments. A free book and Christmas music CD will be given to each family. Light meal and refreshments will be served.

Tuesday, December 19, 2006:

Holiday Party

Come join in this family fun time! Celebrate the holiday season together with music and fun. Santa will even give a small gift to your child. Light meal and refreshments will be served. *Please pre-register by calling*



989.672.2224 Ext. 357 by December 13.

Tuesday, January 23, 2007:

Kids in the Kitchen

Make dinner times less hectic by creating a safe, kid-friendly kitchen! You and your child will create easy-to-make dishes and make an apron to use at home! Light meal and refreshments will be served.

**All 0-3 Programs are held at the
Highland Pines School**

**1381 Cleaver Road, Caro, MI 48723
unless stated otherwise.**

Each family enrolled in TLC will receive a travel reimbursement at each meeting.

CALL: Tuscola County Health Department 673.8114 ext. 105 or visit our website at www.tchd.us for more information.

Funding Agencies: Department of Education, Community Health and Family Independence Agency.

Learn CPR

You will learn Cardiopulmonary Resuscitation (CPR) and Relief of Choking for infants and children through simulation and instruction. Sorry, this CPR program does not provide certification. Light meal and refreshments along with child care will be provided at both sessions.

Tuesday, March 6, 2007:

CPR and Your Infant (Age 0-1)

Learn lifesaving techniques for infants.

Tuesday, March 13, 2007:

CPR and Your Child (Age 1 and Older)

Learn lifesaving techniques for children.

Friday, March 30, 2007

9:00 am-1:30 pm

Trip to Gym Jesters



Join us on a fun-filled trip to Gym Jesters! Gym Jesters is a gymnastic center in Saginaw, which promotes physical fitness and development of motor skills for preschoolers. Children 10 months to 5 years along with their parent or caregivers are invited on this bus trip. A light lunch will be planned.

Parents will need to sign a waiver form for transportation. *Please pre-register by calling 989.672.2224 Ext. 357 by March 21, 2007.*

Tuesday, April 3, 2007:
Easter Egg Hunt

Your children will enjoy finding the Easter Eggs in the gym. The gym will also be filled with fun activities for the children. The second half will be spent learning the "Do's" and "Don'ts" of Sibling Rivalry. Although sibling rivalry is normal, we will discuss how parents can have their children cooperate with each other rather than compete. Light meal and refreshments will be served.



Tuesday, May 1, 2007:
Love & Logic Magic for the Early Childhood

Learn practical parenting for children ages 0-6 years old based upon the book Love and Logic Magic for the Early Childhood. You will learn to respond to your child's challenging behavior in a way to prepare them for the real world to be responsible adults. Childcare will be provided along with a light meal and refreshments.

Tuesday, May 22, 2007:
Meet our Heroes

Meet a firefighter and policeman! Learn how to protect your home from a fire. The Caro Village Fire Department will show children the fire truck. Parents will learn how to develop a fire plan, which could save their family. Smoke detector and/or batteries will be given to each family. Light meal and refreshments will be served.



Wednesday, June 20, 2007
11:00 am-3:00 pm:

Visit Grandpa Tiny's Farm in Frankenmuth

Hold cuddly baby bunnies and chicks. Watch playful lambs and goats. Feed and play with the farm animals, and take a horse drawn wagon ride with a guided tour of the farm! At Grandpa Tiny's Farm your tour will be given by a friendly guide who can answer any questions and allow you hands-on experiences. We'll transport your family for a light lunch and an enjoyable afternoon at the farm. Parents will need to sign a waiver form for transportation. *Please pre-register by calling 989.672.2224 Ext. 357 by June 6, 2007.*



FREE Enrichment Classes

available at the Tuscola Technology Center
for 0-3 year olds



Water Babies*

This class is designed for the 1-3 year old. They will become comfortable with being in the water while having fun doing basic movements and playing. Children must be accompanied by a parent. 5 weeks

Jan 25-Feb 22 #0503WR 5:00-6:00 pm Thurs
Jan 31-Feb 28 #0503WW 4:00-5:00 pm Wed
Apr 23-May 21 #0503SM 6:00-7:00 pm Mon

Tots Tune-up*

Rain, snow, cold weather...don't let it stop your child from playing! Tots Tune-up is an new indoor, toddler gym class, where children ages 18 months to 3 years are led through a variety of fun and imaginative activities by a certified physical education teacher. Our toddler program is designed to enhance the child's age appropriate physical and social development through music, exploration, and play. 5 weeks

Jan 25-Feb 22 #1406 4:00-4:45 pm Thurs

H₂Oh Baby!*

You and your baby will love this water workout. This is an action packed aqua exercise class with your baby at your side. Mom focuses on aerobic muscle strengthening while baby has floating and water fun. For moms of any age and babies from 6 months-two years. 5 weeks

Jan 29-Mar 5 #0504WM 4:00-5:00 pm Mon
Apr 23-May 21 #0504SM 4:00-5:00 pm Mon



Cardio Strength Interval*

Special offer: Child care will be provided!

This new exercise class is designed to strengthen your heart, burn body fat, relieve stress, and shape and tone all major muscles of your body. Instructor Jeanne Putnam will get you moving with low impact aerobic exercise using spring tubing to shape and tone your muscles. Class will be held at Tuscola Technology Center. Child care will be provided at Highland Pines School. 5 weeks

Jan 30-Feb 27 #1408 5:00-5:45 pm Tues
**If you are already a TLC participant registered with the Health Department and are interested in any of the enrichment classes offered above, please call 989.673.5300 Ext. 345 to pre-register.*

