

# Family Planning

## STATISTICS:

- Babies born of unintended pregnancy are more likely to receive inadequate prenatal care and be born with low birth weight, increasing their chances for impaired brain development and learning disabilities.
- Family Planning clinics at local health departments have been very effective in reducing unwanted pregnancies and abortions.
- Since 1990, both pregnancy and abortion rates have decreased for women ages 19 to 44.
- It will cost about \$186,000 in today's dollars to raise a child to age 18.
- If Michigan reduced the number of unintended pregnancies by 10 percent, the state would save more than \$27 million in Medicaid expenditures annually.

Healthy Beginnings Month

## RESOURCES:

**Michigan Department of Community Health**

[www.michigan.gov/mdch](http://www.michigan.gov/mdch)

***Plan First!* Free Family Planning Services**

[http://www.michigan.gov/mdch/0,1607,7-132--146295--\\_00.html](http://www.michigan.gov/mdch/0,1607,7-132--146295--_00.html)

1-800-642-3195

**Planned Parenthood**

[www.plannedparenthood.org](http://www.plannedparenthood.org)

**U.S. Centers for Disease Control & Prevention**

[www.cdc.gov](http://www.cdc.gov)



## **WHAT YOU SHOULD KNOW:**

- Family Planning is a preventive health service that positively impacts the health and well-being of women, children, and families.
- Family Planning reduces abortions and unwanted pregnancies by empowering men and women to make informed reproductive health choices.
- Family Planning clinics offer the opportunity to detect other diseases, such as STDs and cancer, especially cervical and breast cancers.
- The primary target population for family planning services is low-income women and men. Individuals with income levels at or below poverty can receive the full array of program services at no cost. No one is denied services because of inability to pay.
- Family Planning is a mandated health service under the Michigan Public Health Code.

## **SERVICES AVAILABLE:**

Family Planning services are available for males and females regardless of income:

- General reproductive health assessment
- Screening
- Comprehensive contraception services
- Pregnancy detection
- Infertility services
- Client and community education
- Follow-up and referral for problems

*Plan First!* family planning services are available at no cost to low-income women with no insurance.