

Family Planning Advisory Meeting
April 26, 2007

Present: Nancy Laethem(List Psychological Services), Brittany Auld (Teen)

Absent: Ann Hepfer (TCHD Nursing Adm.), Dr. Small wood (TCHD Medical Dir.), Sue Elroy (TBHS), Laura Hendricks (DHS), Sandra Hurst (New Light Consultant), Tina Middaugh (BOH member).

❖ **Meeting called to order at 8:30 a. m. by Kristi Villalobos.**

Welcome: Kristi introduced Brittany Auld to our meeting. She is a student attending Caro High School. Brittany will be a valuable member representing teens.
Welcome Brittany!

Areas of Discussion: Minutes from meeting of November 02, 2006 were reviewed and a change was made by Kristi Villalobos as to the date of our meeting. Minutes were approved by Nancy Laethem and seconded by Brittany Auld.

Kristi gave a brief overview regarding the Family Planning Advisory Committee meetings for our new member, Brittany.

Plan First: The State has made new changes regarding Plan First insurance. One of the changes is that a person cannot have any other insurance in order to apply. Clients must provide proof of citizenship (i.e. a copy of birth certificate or a passport) and a proof of identity (i.e. valid driver's license, picture student ID, etc).

We have received the new Income Poverty Income Guidelines which the state sends to us annually in April.

Caseload: Our current caseload is 1,069 Title X Users and 368 Plan First Users. The total of unduplicated clients is 1,437. We are at a 13% no show rate for the first quarter, which is down from previous years.

FPAR: (Family Planning Annual Report) FPAR is submitted quarterly, Kristi gave an overview of the most recent report submitted.

Update on Birth Control Methods:

- ✓ **Nuvaring:** Due to the high cost, we have limited the number of clients on Nuvaring.
- ✓ **Implanon:** Implanon is a new method of birth control, a single rod that is implemented in the arm. At this point we are waiting for the state to provide our Practitioner with training. We do have a referral source in place for clients that may be interested.

- ✓ **Mirena:** Is an IUD that once inserted is good for 5 years. We do not do insertions but we do have a referral source in place for clients that may be interested.

Gardisal: Is a vaccine that helps prevent cervical cancer. The vaccine is offered through the Immunizations program. The target age group is 11 years to 26 years old. It protects against 4 strains of HPV and it's a series of 3 shots. Gardisal pamphlets are given to our clients when they come in for their appointments.

Other Topics Discussed:

- Kristi stated that pregnancy packets were created with different kinds of material and are given to the Family Planning clients that are here for pregnancy testing. Nancy Laethem suggested including information on Fetal Alcohol Syndrome. She will send some pamphlets so we can include them in the packets.
- Brittany asked the question as to how old can you be to get an appointment for Family Planning. Kristi's reply was as young as 12 years old. That does not mean that they will get put on birth control. Sometimes that age group only needs one on one counseling with a nurse.
- Kristi posed the question to Brittany as to how can we let teens know about our services. Brittany stated she was unaware of our services herself. She suggested having an open Forum in school or opening an account with My Space.com. Kristi explained that the law restricts certain things being in the schools. She will consider the pros and cons of My Space and check with TCHD administration.

Conclusion:

Meeting was adjourned at 9:30a.m. Next meeting will be October 25, 2007.

Respectfully submitted
by Elva Gutierrez