

**Tuscola County
Health
Department
989-673-8114
ext. 105
www.tchd.us**

TOUCHING LIVES OF CHILDREN

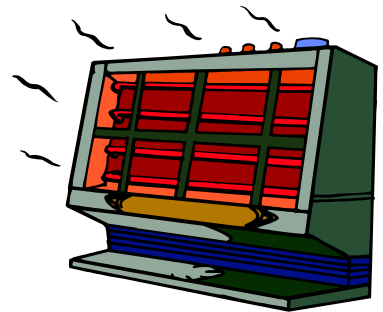
December 2004
January 2005
CHAT BOX

Heating Safety Tips

Heating equipment is the second leading cause of home fires in the United States. Most heating equipment fires start as a result of misuse or improper maintenance.

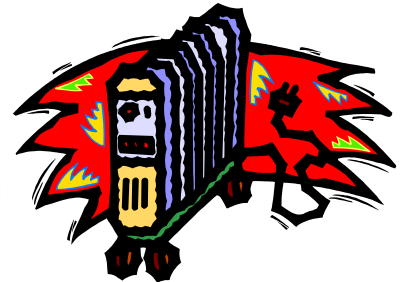
Portable/Space Heaters

- Maintain a 36" clearance around all heating devices.
- Never leave children or pets unsupervised around portable heaters.
- Never place clothes close to or on a portable heater to dry.
- Always check to see that electrical wires are in good condition and not frayed.
- Purchase portable heaters that have been listed by a nationally recognized testing laboratory.
- Follow manufacturer's instructions for installation, maintenance and use.



Portable Kerosene Heaters

- Use only the recommended fuel. **NEVER USE GASOLINE**, it will cause an explosion.
- Always turn the portable heater off before refueling.
- Allow the heater time to cool before refueling.
- Always refuel your kerosene heater outside to keep from spilling fuel in the house.
- Store your gasoline away from open flame or heat in an approved container that is clearly marked as to its contents.
- Keep anything that can burn at least 3 feet away from heater.



Fireplace/Wood stoves

- Have your chimney/flue inspected by a professional before every heating season, cleaned if necessary.
- Always have a sturdy screen in place in front of your fireplace.
- Burn only wood (dry, well seasoned hardwood)
- Do **NOT** burn newspaper, wrapping paper, or dried greenery.
- **NEVER** use flammable liquids for any reason in a fireplace.
- Keep anything that can burn at least 3 feet away from fireplace.



RECIPE CORNER

ROCKY ROAD BON BONS

1 (6 oz.) pkg. semi-sweet chocolate pieces (1 c.)
30 lg. marshmallows
1/2 c. toasted, chopped nuts

Place chocolate pieces in custard cup. Cook in microwave on (7) roast for 1 1/2 minutes or until melted and smooth. Dip half of marshmallow into chocolate, then into nuts. Place on wax paper to cool and set.

GERMS

Germs like it where its warm, dark, and moist like in your mouth, under the bed, in your nose, ears, and mouth and in cuts and so on. They can enter the body easily through any opening in the skin. Wearing Band Aids helps keep cuts safe from invading germs. Germs can also enter by the eyes and nose. The nose has hairs to stop the germs from getting in your body, but is not always successful.

The two main germs are bacteria & viruses. They will attack people however they can. There are ways you can help yourself fight these creatures entering your body:

Wash your hands before meals or snacks.

Don't put anything in your mouth except food.

Wash your hands after you go to the restroom - always.

Stay away from crowded warm places.

Drink only milk and fruit juices that have been pasteurized (heated to kill germs)

Clean your kitchen counter off before you put any food on it.

Take a shower or a bath every day.

Wash your hands after you visit a sick friend or relative.

Wash your hands after you handle with money.



<http://library.thinkquest.org>.

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WINTER SNOW
 COLD GLOVES
 HAT MITTENS
 SLED BOOTS
 SLIDE ICE



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